

April 12, 2023

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Spring into Fitness: Luxury Buildings with Indoor Sports Courts for Residents

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Impressions: 13,000

With spring in full swing, fitness enthusiasts are eager to jump back into their routines in anticipation of summer. While public parks, athletic fields, and gyms are likely to see an uptick in visitors, some prefer a more private workout experience. Fortunately, there are numerous residential buildings throughout the city that offer indoor sports courts, providing the perfect solution for those who want to stay close to home while still enjoying their favorite physical activities.

378 West End Avenue

378 West End Avenue is an architecturally stunning new development located on Manhattan's Upper West Side at the corner of West 78th Street and West End Avenue. The 58-unit building with one to six bedrooms is developed by Alchemy Properties (of the Woolworth Tower Residences) and designed by COOKFOX Architects.



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Residents of 378 West End Avenue have access to over 11,000 square feet of world-class amenities. The Anderson International squash court is available for a rigorous workout session, providing the perfect venue for residents to perfect their serve. Alternatively, they can take a dip in the 75-foot-long saltwater pool or relax in the sauna after an invigorating workout session. In addition to the fitness center, 378 West End Avenue also features a basketball half-court, sports simulator, yoga and barre studio, and more.

<https://luxexpose.com/luxury-buildings-with-indoor-sports-courts-for-residents/>